EXIN Dynamic Project Management Method (DPMM®)

FOUNDATION

Certified by EXIN

Preparation Guide

Edition 202508

Content

1. Overview

EXIN Dynamic Project Management Method Foundation (DPMMF.EN)

Scope

The EXIN Dynamic Project Management Method Foundation certification confirms that the professional has mastered the fundamental principles, practices and processes of an agile, consistent and methodical project management approach.

This certification includes the following topics:
- Dynamic Project Management Method (DPMM®)
- DPMM® practices
- DPMM® processes
- DPMM® documentation

Summary

Some form of project management has existed since early civilization. However, the discipline project management, in its modern sense, began to take root after World War II. Project management is about carrying out successful projects and structuring the thinking of those involved in the project. The human factor plays a major role in projects.

The Dynamic Project Management Method (DPMM®) is based on many common theories that have been expanded for the management of projects. Moreover, in the current rapidly changing world project management must be flexible. The level of agility dynamically adapts to the project context and delivery approach of each team.

DPMM® is not a collection of all existing theoretical approaches of project management. Rather, DPMM® is a new process model for dynamic project management that integrates the main theories contributing to successful projects. Its goal is to present the essential characteristics and interfaces of project management in a method that is concise and clear.

The EXIN Dynamic Project Management Method Foundation certification helps professionals understand the basic concepts and principles of an Agile project management approach, the practices inherent to it, the different processes and documents involved.

Context

The EXIN Dynamic Project Management Method Foundation certification is part of the EXIN Dynamic Project Management Method (DPMM®) qualification program.

Target group

The EXIN Dynamic Project Management Method Foundation certification is tailored to the needs of:

- aspiring project managers
- project team leaders
- business executives who work on projects
- project staff
- all other project participants

Requirements for certification

- Successful completion of the EXIN Dynamic Project Management Method Foundation exam.

Accredited EXIN Dynamic Project Management Method Foundation training is strongly recommended.

Examination details

Examination type:	Multiple-choice questions
Number of questions:	40
Pass mark:	65% (26/40 questions)
Open book:	No
Notes:	No
Electronic equipment/aides permitted:	No
Exam duration:	60 minutes

The Rules and Regulations for EXIN's examinations apply to this exam.

Bloom level

The EXIN Dynamic Project Management Method Foundation certification tests candidates at Bloom levels 1 and 2 according to Bloom's revised taxonomy:

- Bloom level 1: Remembering – relies on recall of information. Candidates will need to absorb, remember, recognize and recall.
- Bloom level 2: Understanding – a step beyond remembering. Understanding shows that candidates comprehend what is presented and can evaluate how the learning material may be applied in their own environment. This type of questions aims to demonstrate that the candidate is able to organize, compare, interpret and choose the correct description of facts and ideas.

Training

Contact hours

The recommended number of contact hours for this training course is 14. This includes group assignments, exam preparation and short breaks. This number of hours does not include lunch breaks, homework and the exam.

Indication study effort

56 hours (2 ECTS), depending on existing knowledge.

Training organization

You can find a list of our Accredited Training Organizations at www.exin.com.

2. Exam requirements

The exam requirements are specified in the exam specifications. The following table lists the topics of the module (exam requirements) and the subtopics (exam specifications).

Exam requirements	Exam specifications	Weight
1. Dynamic Project Management Method (DPMM®)		**17.5%**
	1.1 Project and project objectives	7.5%
	1.2 Project context	5%
	1.3 Principles	5%
2. DPMM® practices		**45%**
	2.1 Agility and organization	15%
	2.2 Business case and planning	20%
	2.3 Quality, issue, and risk management	10%
3. DPMM® processes		**22.5%**
	3.1 Project processes and activities	7.5%
	3.2 Project steering, project planning, and project operation	7.5%
	3.3 Team operation	7.5%
4. DPMM® documentation		**15%**
	4.1 Documenting a project	15%
	Total	**100%**

Exam specifications

1   Dynamic Project Management Method (DPMM®)
1.1   Project and project objectives
The candidate can…
1.1.1   define a project and project management.
1.1.2   differentiate a successful project from a failed project.
1.1.3   explain target dimensions, target prioritization, and target tolerances.
1.2   Project context
The candidate can…
1.2.1   summarize a project context analysis.
1.2.2   identify complexity in a project context.
1.3   Principles
The candidate can…
1.3.1   present the six principles of project management.

2   DPMM® practices
2.1   Agility and organization
The candidate can…
2.1.1   summarize what distinguishes Agile approaches.
2.1.2   explain how agility can be achieved through dynamic project management.
2.1.3   describe key roles and their responsibilities in a project organization.
2.1.4   explain the importance of stakeholders and stakeholder management.
2.1.5   illustrate considerations for staffing project roles.
2.2   Business case and planning
The candidate can…
2.2.1   define the value chain of a project.
2.2.2   describe the purpose of a business case.
2.2.3   explain the project plan and stage plans.
2.2.4   explain the planning procedure.
2.2.5   present different planning approaches.
2.3   Quality, issue, and risk management
The candidate can…
2.3.1   explain the elements of the quality management procedure.
2.3.2   explain the goals of issue management and the issue management procedure.
2.3.3   describe the features of configuration management and issue management.
2.3.4   explain how risks can be appropriately managed through a risk management approach.

3   DPMM® processes
3.1   Project processes and activities
The candidate can…
3.1.1   describe the flow of a dynamic project.
3.1.2   differentiate between core activities and supporting activities in a dynamic process model.
3.1.3   differentiate between a project idea and a project mandate.
3.2   Project steering, project planning, and project operation
The candidate can…
3.2.1   outline the activities in the project steering process and its interfaces with other processes.
3.2.2   outline the activities in the project planning process and its interfaces with other processes.
3.2.3   outline the activities in the project operation process and its interfaces with other processes.

3.3 Team operation
The candidate can…
3.3.1 outline the activities in the team operation process and its interfaces with other processes.
3.3.2 describe the activities of the delivery team and various delivery approaches.
3.3.3 explain the impact of an Agile delivery team on project management.

4 DPMM® documentation
4.1 Documenting a project
The candidate can…
4.1.1 justify the value of project documentation.
4.1.2 describe the content of input documents.
4.1.3 describe the content of baseline documents.
4.1.4 describe the content of registers.
4.1.5 describe the content of reports.

3. List of basic concepts

This chapter contains the terms and abbreviations with which candidates should be familiar.

Please note that knowledge of these terms alone does not suffice for the exam. The candidate must understand the concepts and be able to provide examples.

English	German
activities • core activities • supporting activities	Aktivitäten • Hauptaktivitäten • Unterstützende Aktivitäten
Agile	Agile
Agile Manifesto	Agile Manifest
business case	Business Case
communication	Kommunikation
configuration management	Konfigurationsmanagement
continuous improvement	kontinuierliche Verbesserung
Cynefin	Cynefin
delivery agreement	Liefervereinbarung
delivery approach • flow-based (Kanban) • product-based • timebox-based (Scrum)	Lieferansatz • Flussbasiert (Kanban) • Produktbasiert • Timebox-basiert (Scrum)
delivery team	Lieferteam
DPMM® processes • project operation • project planning • project steering • team operation	DPMM®-Prozesse • Projektbetrieb • Projektplanung • Projektlenkung • Teambetrieb
Dynamic Project Management Method (DPMM®)	Dynamic Project Management Method (DPMM®)
incremental	Inkrementel
issue management	Issue-Management
iterative	Iterativ
mandate	Mandat
McKinsey 7S Model	McKinsey 7S-Modell
MoSCoW (Must have, Should have, Could have, Won't have)	MoSCoW (Must have, Should have, Could have, Won't have)
PESTLE (Political, Economic, Social, Technological, Legal, Environment)	PESTLE (Political, Economic, Social, Technological, Legal, Environment)
planning approach	Planungsansatz
planning procedure	Planungsverfahren
product	Produkt
product control	Produktsteuerung
product owner	Product Owner
project	Projekt
project agreement	Projektvereinbarung
project assurance	Projektsicherung
project board	Lenkungsausschus
project context	Projektkontext
project context analysis	Projektkontextanalyse

project documentation • baseline document • input document • register • reports	Projektdokumentation • Baseline-Dokument • Input-Dokument • Register • Berichten
project management	Projektmanagement
project objective	Projektziel
project organization	Projektorganisation
project plan	Projektplan
project role	Projektrolle
project scope	Projektumfang
project stage	Projektphasen
quality management	Qualitätsmanagement
register • benefit review register • improvement backlog • issue register • project backlog • quality register • risk register • stakeholder register	Register • Nutzenrevisionsregister • Verbesserungsbacklog • Issue-Register • Projekt-Backlog • Qualitätsregister • Risikoregister • Stakeholder-Register
reports • project status report • team status report	Berichten • Projektstatusbericht • Teamstatusbericht
Requirements Engineering	Requirements Engineering
risk management	Risikomanagement
risk measure	Risikomaßnahme
risk profile	Risikoprofil
scaling	Skalierung
stage plan	Phasenplan
stakeholder	Stakeholder
target dimension	Zieldimension
target tolerance	Zieltoleranz
team plan	Teamplan
value	Wert
value chain	Wertkette

4. Literature

Exam literature

The knowledge required for the exam is covered in the following literature:

A.   Marco Ramm
     Dynamic Project Management Method (DPMM®) – reference book
     DPMM.org (2024)
     Freely available on www.dpmm.org/en.

Literature matrix

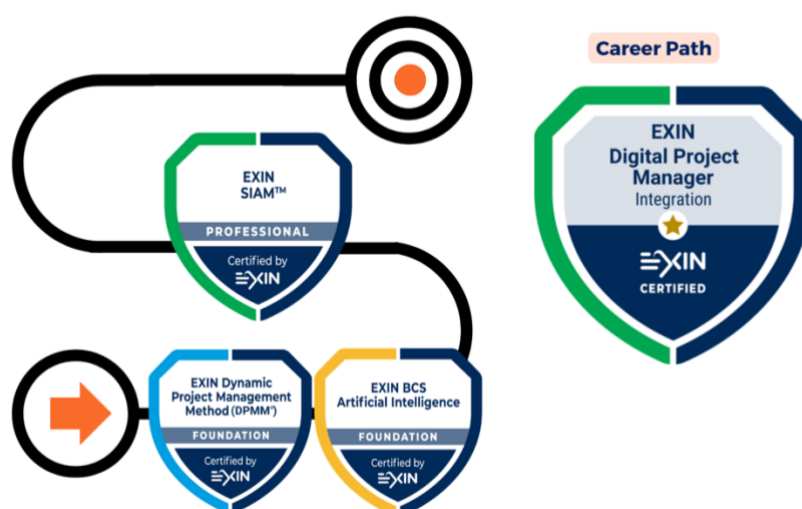| Exam requirements	Exam specifications	Reference
1. Dynamic Project Management Method (DPMM®)		
	1.1 Project and project objectives	Chapter 1 & 2
	1.2 Project context	Chapter 3
	1.3 Principles	Chapter 4
2. DPMM® practices		
	2.1 Agility and organization	Chapter 5, 6 & 7
	2.2 Business case and planning	Chapter 5, 8 & 9
	2.3 Quality, issue, and risk management	Chapter 5, 10, 11 & 12
3. DPMM® processes		
	3.1 Project processes and activities	Chapter 13
	3.2 Project steering, project planning, and project operation	Chapter 14, 15 & 16
	3.3 Team operation	Chapter 17
4. DPMM® documentation		
	4.1 Documenting a project	Chapter 18

5. Career Path

At EXIN, we believe in the value of lifelong learning and the importance of combining diverse skills to thrive in today's dynamic and evolving world. With our EXIN Career Paths, candidates can prepare for specific job roles and continue to grow and advance in their professional journey. For more information on EXIN Career Paths, please refer to https://www.exin.com/career-paths/.

The EXIN Dynamic Project Management Method Foundation certification is part of the following EXIN Career Paths.
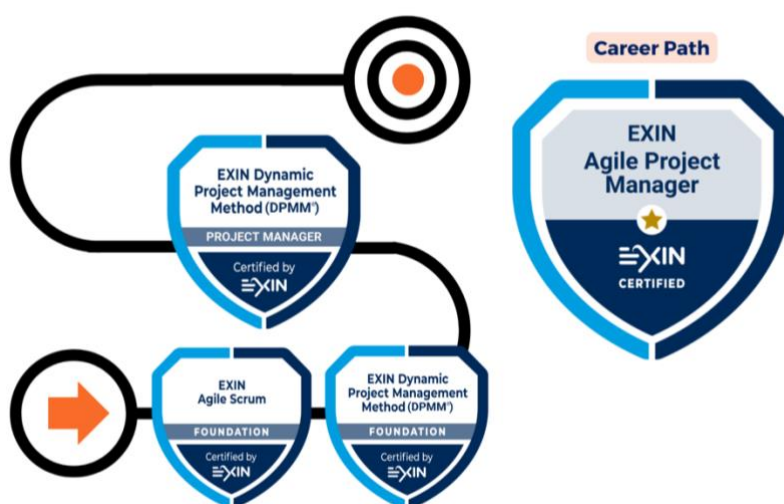
EXIN Digital Project Management Integration

EXIN Digital Project Management Integration empowers professionals to effectively manage (agile) projects to stay ahead with digital innovation, while leveraging artificial intelligence (AI) and navigating a landscape of service integrations.

EXIN Agile Project Manager

EXIN Agile Project Manager enables professionals to apply Agile principles and effectively manage projects with a structured yet flexible approach focusing on team collaboration and iterative delivery.

Contact EXIN

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