

Preparation Guide

Edition 202508

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Content

1. Overview 4
2. Exam requirements 7
3. List of basic concepts 10
4. Literature 11
5. Career Path 12

1. Overview

EXIN Dynamic Project Management Method Project Manager (DPMMPM.EN)

Scope

The EXIN Dynamic Project Management Method Project Manager certification confirms that the professional can apply an agile, consistent and methodological approach to managing projects in practice, in line with the role & responsibilities of a Project Manager.

This certification includes the following topics:

- Dynamic Project Management Method (DPMM®)
- DPMM® practices
- DPMM® processes
- DPMM® documentation

Summary

Some form of project management has existed since early civilization. However, the discipline project management, in its modern sense, began to take root after World War II. Project management is about carrying out successful projects and structuring the thinking of those involved in the project. The human factor plays a major role in projects.

The Dynamic Project Management Method (DPMM®) is based on many common theories that have been expanded for the management of projects. Moreover, in the current rapidly changing world project management must be flexible. The level of agility dynamically adapts to the project context and delivery approach of each team.

DPMM® is not a collection of all existing theoretical approaches of project management. Rather, DPMM® is a new process model for dynamic project management that integrates the main theories contributing to successful projects. Its goal is to present the essential characteristics and interfaces of project management in a method that is concise and clear.

The EXIN Dynamic Project Management Method Project Manager certification helps professionals to fully grow into the role of a project manager, capable of managing projects with an Agile project management approach. A project manager understands the practices inherent to DPMM®, and can guide the different processes and create the documents involved.

Context

The EXIN Dynamic Project Management Method Project Manager certification is part of the Dynamic Project Management Method qualification program.



Target group

The EXIN Dynamic Project Management Method Project Manager certification is tailored to the needs of:

- project team members, who aspire to grow into the project manager role
- starting project managers, who want to develop further in their role
- experienced project managers, who want to confirm their existing skills

Requirements for certification

- Successful completion of the EXIN Dynamic Project Management Method Project Manager exam.
- Accredited EXIN Dynamic Project Management Method Project Manager training, including completion of the Practical Assignments.

Examination details

Examination type:	Multiple-choice questions
Number of questions:	30
Pass mark:	66% (20/30 questions)
Open book:	No
Notes:	No
Electronic equipment/aides permitted:	No
Exam duration:	90 minutes

The Rules and Regulations for EXIN's examinations apply to this exam.

Bloom level

The EXIN Dynamic Project Management Method Project Manager certification tests candidates at Bloom levels 2, 3 and 4 according to Bloom's revised taxonomy:

- Bloom level 2: Understanding – a step beyond remembering. Understanding shows that candidates comprehend what is presented and can evaluate how the learning material may be applied in their own environment. This type of questions aims to demonstrate that the candidate is able to organize, compare, interpret and choose the correct description of facts and ideas.
- Bloom level 3: Application – shows that candidates have the ability to make use of information in a context different from the one in which it was learned. This type of questions aims to demonstrate that the candidate is able to solve problems in new situations by applying acquired knowledge, facts, techniques and rules in a different, or new way. These questions usually contain a short scenario.
- Bloom level 4: Analysis – shows that candidates have the ability to break learned information down into its parts to understand it. This Bloom level is mainly tested in the Practical Assignments. The Practical Assignments aim to demonstrate that the candidate is able to examine and break information into parts by identifying motives or causes, make inferences and find evidence to support generalizations.

Training

Contact hours

The recommended number of contact hours for this training course is 14. This includes practical assignments, exam preparation and short breaks. This number of hours does not include lunch breaks, homework and the exam.

Indication study effort

112 hours (4 ECTS), depending on existing knowledge.

Training organization

You can find a list of our Accredited Training Organizations at www.exin.com.

2. Exam requirements

The exam requirements are specified in the exam specifications. The following table lists the topics of the module (exam requirements) and the subtopics (exam specifications).

Exam requirements	Exam specifications	Weight
1. Dynamic Project Management Method (DPMM®)		**26.7%**
	1.1 Project and project objectives	13.3%
	1.2 Project context and complexities	6.7%
	1.3 Principles	6.7%
2. DPMM® practices		**40%**
	2.1 Agility and organization	16.7%
	2.2 Business case and planning	13.3%
	2.3 Quality, issue, and risk management	10%
3. DPMM® processes		**20%**
	3.1 Project processes and activities	3.3%
	3.2 Project steering, project planning, and project operation	10%
	3.3 Team operation	6.7%
4. DPMM® documentation		**13.3%**
	4.1 Documenting a project	13.3%
	Total	**100%**

Exam specifications

1 Dynamic Project Management Method (DPMM®)

1.1 Project and project objectives

The candidate can…

1.1.1 classify a change as a project or not a project (business-as-usual).

1.1.2 analyze whether a project is failing or successful.

1.1.3 illustrate the role of a project manager when developing project objectives.

1.1.4 apply prioritization to project objectives.

1.2 Project context and complexities

The candidate can…

1.2.1 analyze whether a project stays within the given tolerances.

1.2.2 analyze the project context.

1.2.3 discover project complexities.

1.3 Principles

The candidate can…

1.3.1 apply the six project management principles.

2 DPMM® practices

2.1 Agility and organization

The candidate can…

2.1.1 explain why DPMM® is always an agile approach.

2.1.2 apply DPMM® to achieve agility.

2.1.3 analyze who the stakeholders of a project are.

2.1.4 manage the relationships with the stakeholders of a project.

2.1.5 analyze who the best persons are to fill project roles.

2.2 Business case and planning

The candidate can…

2.2.1 analyze a value chain of a project.

2.2.2 write project plans and stage plans.

2.2.3 apply product-based planning.

2.2.4 apply requirements engineering.

2.3 Quality, issue, and risk management

The candidate can…

2.3.1 establish quality management within a project.

2.3.2 establish issue management within a project.

2.3.3 establish risk management within a project.

3 DPMM® processes

3.1 Project processes and activities

The candidate can…

3.1.1 translate a project idea into a business case.

3.2 Project steering, project planning, and project operation

The candidate can…

3.2.1 interpret outputs of the project steering process.

3.2.2 perform activities of the project planning process.

3.2.3 establish continuous improvement.

3.3 Team operation

The candidate can…

3.3.1 explain the interfaces and the responsibilities of the project manager.

3.3.2 illustrate how to work with the team and their chosen delivery approach.

4 DPMM® documentation

4.1 Documenting a project

The candidate can…

- 4.1.1 analyze input documents.
- 4.1.2 produce baseline documents.
- 4.1.3 produce register documents.
- 4.1.4 produce project status updates.
- 4.1.5 analyze team status updates.

3. List of basic concepts

This chapter contains the terms and abbreviations with which candidates should be familiar.

Please note that knowledge of these terms alone does not suffice for the exam. The candidate must understand the concepts and be able to provide examples.

activities
- core activities
- supporting activities

Agile
Agile Manifesto
business case
communication
concept stage
configuration management
continuous improvement
Cynefin
delivery agreement
delivery approach
- flow-based (Kanban)
- product-based
- timebox-based (Scrum)

delivery stage
delivery status update
delivery team
design stage
DPMM® processes
- project operation
- project planning
- project steering
- team operation

Dynamic Project Management Method (DPMM®)
exception
final stage
incremental
issue management
iterative
mandate
McKinsey 7S Model
MoSCoW (Must have, Should have, Could have, Won't have)
PESTLE (Political, Economic, Social, Technological, Legal, Environment)
planning approach
planning procedure
product
product control
product owner
project
project agreement
project assurance
project board
project context
project context analysis
project customer
project documentation
- baseline document
- input document
- register
- reports

project management
project objective
project owner
project organization
project plan
project role
project scope
project stage
project status update
quality management
register
- benefit review register
- improvement backlog
- issue register
- project backlog
- quality register
- risk register
- stakeholder register

reports
- delivery status report
- project status report
- team status report

requirement elicitation
requirements engineering
requirements processing
risk management
risk measure
risk profile
scaling
stage plan
stage transition
stakeholder
target dimension
target tolerance
team plan
team status update
value
value chain

4. Literature

Exam literature

The knowledge required for the exam is covered in the following literature:

A. Marco Ramm
Dynamic Project Management Method (DPMM®) – reference book
DPMM.org (2024)
Freely available on www.dpmm.org/en.

B. EXIN
EXIN Dynamic Project Management Method Project Manager Exam Literature
EXIN (2025)
Go to www.exin.com. Click on 'Professionals' and then on 'Certifications' to find the certification. The free download can be found under 'Required reading'.

Literature matrix

Exam requirements	Exam specifications	Reference
1. Dynamic Project Management Method (DPMM®)		
	1.1 Project and project objectives	A, Chapter 1 & 2 B, Chapter 1
	1.2 Project context and complexities	A, Chapter 3 B, Chapter 2
	1.3 Principles	A, Chapter 4 B, Chapter 2
2. DPMM® practices		
	2.1 Agility and organization	A, Chapter 5, 6 & 7
	2.2 Business case and planning	A, Chapter 5, 8 & 9 B, Chapter 3 & 4
	2.3 Quality, issue, and risk management	A, Chapter 5, 10, 11 & 12 B, Chapter 3 & 4
3. DPMM® processes		
	3.1 Project processes and activities	A, Chapter 13 B, Chapter 3
	3.2 Project steering, project planning, and project operation	A, Chapter 14, 15 & 16 B, Chapter 5
	3.3 Team operation	A, Chapter 17 B, Chapter 6
4. DPMM® documentation		
	4.1 Documenting a project	A, Chapter 18 B, Chapter 7

5. Career Path

At EXIN, we believe in the value of lifelong learning and the importance of combining diverse skills to thrive in today's dynamic and evolving world. With our EXIN Career Paths, candidates can prepare for specific job roles and continue to grow and advance in their professional journey. For more information on EXIN Career Paths, please refer to https://www.exin.com/career-paths/.

The EXIN Dynamic Project Management Method Project Manager certification is part of the following EXIN Career Path.

EXIN Agile Project Manager

EXIN Agile Project Manager enables professionals to apply Agile principles and effectively manage projects with a structured yet flexible approach focusing on team collaboration and iterative delivery.





Contact EXIN

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